

NT Mental Health Week

5 – 13 October, 2024

CELEBRATING OUR STRENGTHS

COMMUNITY AWARDS NOMINATION PACK



Mental Health
Week 2024

Coordinated by:



Funded by:



ABOUT THE AWARDS

The Northern Territory Mental Health Coalition proudly presents the 2024 Mental Health Week Community Awards.

Mental Health Week is a time to recognise people who have made significant contributions to the Mental Health sector. There are many people in paid and voluntary roles who provide extraordinary support to others. The NT Mental Health Awards recognises and celebrates the achievements of these inspiring individuals and organisations.



The Mental Health Week Award categories are:

1. Leadership in Lived Experience Award
2. Aboriginal Social & Emotional Wellbeing Award
3. Innovation in Practice & Workforce Development
4. Integration & Collaborative Practice

1. Leadership in Lived Experience Award

(Eligible: organisations)

This award recognises an organisation that is implementing or working towards the incorporation of Lived Experience into planning and delivery of services. This may include things such as engagement processes with people with Lived Experience (ie. participant engagement & feedback, and subsequent service delivery adjustment), implementation of Lived Experience frameworks, and designated roles that apply Lived Experience across some or all of the following areas: management, leadership, peer supervision, advocacy, project work, policy work, education, and training. And any other activity that demonstrates organisational leadership in elevating and embedding Lived Experience into the organisation and delivery of services.



2. Aboriginal Social & Emotional Wellbeing

(Eligible: organisations, programs, staff, volunteers)

This award recognises programs, initiatives and/or outstanding staff that demonstrate evidence of partnership with Aboriginal and Torres Strait Islander families to support and empower Aboriginal and Torres Strait Islander people around social and emotional wellbeing and healing in Aboriginal communities.

3. Innovation in Practice & Workforce Development

(Eligible: organisations, programs, staff)

This award recognises the implementation of an outstanding innovation in work practice and workforce development. This award focusses on the commitment, expertise, creativity, and responsiveness of an organisation, individual or program relating to the provision of positive impacts, resulting in improved mental health and social and emotional wellbeing for program participants or in the workplace. This can involve using a new initiative or emergent evidence-informed practice or offering measures to support wellbeing.



4. Integration & Collaborative Practice

(Eligible: organisation or program)

This award recognises an organisation that has forged a strong working partnership with another organisation, agency or business around a common intent to produce an effective work practice that enhances the work of both parties and results in improved outcomes for participants/Territorians.



Award Guidelines

- The nominee must be living in the NT at the time of the nomination
- The nominee must agree /consent to being nominated
- The address, phone number, and email of the nominee and nominator must be supplied
- No more than 600 words description
- Nominations to include at least one contactable referee (external to the program/organisation) who can validate the evidence (that is not the nominee)
- Nominations are encouraged to include direct de-identified feedback from participants.
- Nominations can include photos
- Short videos (60 seconds maximum) of the nominee and their work are highly encouraged. (See guidelines below)
- Nominations can come exclusively via video with verbal agreement by the Sector Development Lead. Call Linda on 0498 013 679.
- NTMHC would like permission to use video and photos for the purposes of the Awards and future promotion of Mental Health and Wellbeing. For visual content that is submitted for the awards, the nominator and nominee will be asked to sign a consent form that grants permission for use. Please let us know if you do not want this video content to be released.

Award Ceremony

Two award ceremonies will be held - one in each region (Alice Springs and Darwin). Further details will be available closer to the time of the event.



Celebrating achievements of inspiring individuals and organisations in the mental health sector

Special Note

The panel understands that some organisations have a distinct financial disadvantage in being able to offer workplace development through the lack of financial resources that may be available to larger organisations with diverse programs. The panel welcomes all nominations, and also encourages organisations with limited financial resources who wish to nominate, to highlight any creativity and innovative practice in relation to accessing and building professional development for the staff in their organisation.



Video Submission Guidelines

Nominations can be submitted either in written or in video format. All videos should be 60 seconds or less. Video can be shot on an i-phone or another smart phone, and is best filmed in landscape view for a consistent format.

Sound quality is best if the person is speaking into or close to the phone, particularly if filming outside. When someone is talking, please make sure there is minimum background noise (wind, traffic, other voices).

Please note, a media consent form must be completed for each person participating in any video submissions. Media forms can be downloaded from our website.

Nomination Form

All nominations must be received no later than **COB Friday 23rd August 2024**. Only completed nominations received on or before the closing date will be accepted. Any additional nomination forms can be downloaded or completed online at <https://ntmhc.org.au/mentalhealthweek/awards/>

2024 NT Mental Health Week

COMMUNITY AWARDS NOMINATION FORM

1. PLEASE SELECT THE REGION IN WHICH THE PERSON BEING NOMINATED IS LOCATED

- Central Australia
- Top End

2. HAS THE NOMINEE ACCEPTED THIS NOMINATION? YES NO

3. AWARD CATEGORIES & SELECTION CRITERIA - PLEASE SELECT ONE CATEGORY

Leadership in Lived Experience Award

Criteria - A brief summary of evidence that may include Lived Experience systems of engagement, Lived Experience framework progress, Lived Experience reference groups in place, advice from reference groups that has been implemented into the framework and/or service provision, organisational policies, advocacy work, recruitment practices, job description development, number of designated positions currently filled, peer supervision training, and collaboration with other LE leaders and organisations toward the implementation of LE frameworks across the sector. Please include details of at least one referee who can be contacted to verify the evidence presented.

Aboriginal Social & Emotional Wellbeing Award

Criteria - A brief summary of the program, or the role of the individual. For example, how the practice of the individual or organisation demonstrates that Aboriginal concepts of social and emotional wellbeing and healing are incorporated into practice. You may like to speak to the holistic nature of the way of working that recognises and works towards supporting Aboriginal people around connection to culture, country, spirit, family and kin, mind, emotions & body. You may like to include bullet points on how Aboriginal people are involved in the planning and implementation of the program and/or any evaluation, and formal or informal feedback. Please include details of at least one referee who can be contacted to verify the evidence presented.

Innovation in Practice & Workforce Development

A brief summary of evidence that outlines the innovation and workforce developments that have taken place, and the impact that this has had on service delivery for program participants or the impact on the workplace environment. The nominee may like to include information on the inclusion of participants in the planning and implementation of the change, and any feedback that indicates the experience of participants in relation to the change in practice. The nominee may wish to nominate an organisation, a particular program, or an individual who led the change in practice.

Nomination Form

Similarly, for workforce development, the nominee may include a brief summary of evidence including the following examples: organisational professional development frameworks that demonstrate strategic intent in this area, training and employment pathways, embedded student placements, dedicated funding allocation for all staff each year, learning activities required at Induction (not including Customer Record Management systems or organisational policies), compulsory training activities for staff relevant to the needs of the NT such as cultural training, and trauma-informed practice, mentorship, peer mentorship, critical reflection embedded in programs or offered to all staff on a structured basis, flexible learning options for staff to pursue professional related interests, annual staff surveys that asks questions on capacity building, evidence of the implementation of practical responses in relation to staff feedback, and any other activity the organisation wishes to include.

□ Integration & Collaborative Practice

Criteria - A brief summary of evidence that outlines the nature of the partnership, how each organisation contributes to the collaborative practice, how this partnership has evolved over time, the positive benefits of the practice for the organisations and for the service participants, including any feedback from participants as a result of the collaboration.

4. NOMINEE:

Nominee Name _____

Address _____

Phone _____ Email _____

5. NOMINATOR:

Nominator Name _____

Nominator's Organisation _____

Phone _____ Email _____

6. REFEREE:

Name _____ Occupation _____

Phone _____ Email _____

Nomination Form

7. PLEASE ADDRESS THE CRITERIA IN THE SPACE BELOW IN 600 WORDS OR LESS. ALTERNATIVELY, YOU MAY SUBMIT YOUR CRITERIA IN VIDEO FORMAT (PLEASE ATTACHED COMPLETED MEDIA RELEASE FORM IF SUBMITTING BY VIDEO).

Nominations can be emailed to admin@ntmhc.org.au or completed online at <https://www.ntmhc.org.au>

Nominations must be received no later than **COB Friday 23rd August 2024**